PSYCHIC CLOSE ENCOUNTERS: Telepathy & Dream Invaders
Tactics To Get Inside Her Mind And Make Her Drool With Lust
To Do Virtually Anything You Want Her To Do!
(While She Thinks It Was All Her Own Idea!!!)

By Edward B. Warman and James R. Knippenberg

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Make sure you sign up for the FREE Newsletter at www.mindcontrolresources.com for even more remote influence and Dream Invader tips!
With Special Thanks To My Friend And Teacher: Dr. John M. La Tourrette
TELEPATHY — MENTAL TELEGRAPHY — THOUGHT TRANSFERENCE — MIND READING — MUSCLE READING.


TELEPATHY

TELEPATHY, Mental Telegraphy, and Thought-transference are not interchangeable terms; nor are Mind-reading and Muscle-reading. Therefore they require separate treatment and proper classification. Muscle-reading is a valid tool of the mentalist, however I'm not a mentalist, and so I'm going to show you how to use the same principles of muscle reading for influence and for making out with someone. We'll get to that topic later.

Onward.

While we can have telepathy without mental telegraphy we cannot have mental telegraphy without telepathy.

Mental telegraphy is an old term based on a “sender – receiver” model of telepathic communication. And while there have been numerous tests to confirm the skill actually can be made to work, it's one of the most inefficient methods of psychic influence. Because it presupposes you're thinking of a telegram and sending the words to the other person.

Don't worry, though, I will show you how to fix that so it actually works for you. I don't waste my time trying to send pictures of objects or playing cards to someone else for them to guess, and you shouldn't either.

We have better methods of verifying our message got through to the other person, and it is usually best if they do NOT know we were influencing them.

Imagine meeting someone, and all of a sudden, they started showing up in your dreams trying to force you to like them.

It would be pretty creepy.

I'll tell you what to do instead to avoid all that garbage.

Anyway...

"Telepathy," the dictionary teaches, "is the sympathetic affection of one mind by the thoughts, feelings, or emotions of another at a distance, without communication through the ordinary channels of sensation."

One of the best ways to get rapport with someone is through the emotions and through the energies.

Rapport occurs when you demonstrate that you have a deep understanding of the other person. This means you don't even have to "like" each other to have rapport.

It does help when you like each other, however, always start with rapport.
Start with rapport and quickly use that to build liking and attraction.

The word "distance" may be misleading. Telepathic communications take place between persons in the same city, or the same house, or, in fact, in the same room, as well as between persons in distant cities; yet as well between persons a thousand miles apart as between those in each other's presence; the soul takes no cognizance of space.

When we speak of these things being done "without communication through the ordinary channels," it is necessary that we again recognize we have 3 minds. We have a conscious mind, we have a subconscious mind, and we have a superconscious mind (or higher self).

Let's focus on the conscious and subconscious for now. All communications must necessarily take place between subjective minds, whatever part may or may not be taken by the objective mind. I'm going to use the terms "subjective" (for subconscious) and "objective" (for conscious) mind, because these are the terms used to describe them in much of the literature on this topic, AND because when we do Remote Influence, we are using subjective communication, in the non-local universe, to communicate with others, regardless of time, space, or distance.

For practical purposes, though, it's a helluva lot easier to influence someone who is currently alive in the body than to do "time travel" at the subjective level of mind and get a dead person to like you.

It's a whole lot more fun to make out with someone who has a physical body, too, than it is to make out with someone in your mind. I know there's at least one "sex magick" author who claims sex with entities he's created is better than physical sex. I think he's nuts.

I'd prefer to use the techniques to get a warm, responsive body to be with.

Anyway, here it is important to remember that we each have a subjective (subconscious) mind and an objective (conscious) mind.

The metaphysical researcher and writer Dr. Thomson Jay Hudson wrote: "1. The objective mind is capable of reasoning by all methods, - inductive and deductive, analytic and synthetic. 2. The subjective mind is incapable of inductive reasoning." (The Law of Psychic Phenomena, p. 33)

In other words, the subjective mind can not take facts and reason up from those facts to general principles. It can and does, however, take a principle and from that principle reason to specifics.

This is why when someone asks himself, "Geez, why can't I get a woman," his subconscious mind takes that suggestion and runs wild with it, coming up with a billion and one reasons to support that belief of "can't get a woman..."

But if that same person asks himself, and focuses on a solution instead of a problem, and says, "How many ways can I find to attract the type of women I want?," his subconscious mind will then come up with solutions and things he can do to create what he wants. This is one way to use the Law Of Attraction for what you want.

You still have to know what you want.

Back to how your mind works...
True genius is capable of reasoning upwards from specifics to general principles, downward to specifics from the general principles, and laterally to "how else can I make good use of this information."

True genius only occurs when the two minds are working in harmony with each other, especially when they work in harmony to contact Higher Intelligence for assistance.

(For more information on how YOU can trigger your own inner genius and contact Higher Intelligence for answers to anything YOU need to know, study the Silva Ultramind Remote Viewing And Remote Influencing home study course by Dennis Higgins and Dr. John La Tourrette, published by Nightingale Conant. For more information on how to order that course, contact Dr. John M. La Tourrette at docspeed2001@yahoo.com.)

Hudson also wrote: "1. That the objective mind, or let us say, man in his normal condition, is not controllable, against reason, positive knowledge, or the evidence of his senses, by the suggestions of another. [Sort of like you can't "argue" your way in to her heart, you can't use reason to get her to like you.] 2. That the subjective mind, or man in the hypnotic state, is unqualifiably and constantly amenable to the power of suggestion.

"That is to say, the subjective mind accepts, without hesitation or doubt, every statement that is made to it, no matter how absurd or incongruous or contrary to the objective experience of the individual." (The Law Of Psychic Phenomena, p. 30)

Advertising experts are well aware of the previous two principles, whether or not they believe in psychic abilities. That is why the BEST copywriters combine strong emotional appeal with good, sound reasons to buy a product. They know that EVERYONE has two reasons to buy a non-essential product: The reason that "makes sense" that they tell their friends, and the REAL reason (that they don't tell anybody!).

So the subjective or subconscious mind is controllable by suggestion, and when two or more suggestions are in conflict, the strongest suggestion will prevail, no matter how much "will power" the person attempts to bring to bear on the matter. "Whenever the imagination and the will are in conflict, the imagination will invariably win the day."

At this point it is helpful, also, to remember that the subjective mind readily reacts to suggestions given in the form of an isomorphic metaphor. The metaphor helps to trigger the imagination of the individual, and while you are telling them the isomorphic metaphor, you can compound and reinforce the suggestions by sending the thought telepathically that you want them to have.

What is an isomorphic metaphor? It is a metaphor or story with similar structure but different content from the person you are communicating with.

So you are on a date with Suzy, and you tell Suzy a story about your friend Jennifer who went on a date and had the most wonderful time of her life, filling in the juicy details, of course, and to add more punch to the story, as Suzy gets all caught up in the emotions of the story, you send her telepathic suggestions to feel the same way about you.

Or you use a food compulsion pattern like chocolate or maybe something really tasty about the dinner that Jennifer had on her date, and as Suzy's mouth starts to water, and she gets hungry for those sensations in her own mouth, you send her telepathic suggestions about something else she might enjoy having in her mouth.
Anyway, you can use isomorphic metaphors for anything, not just dating or romance or sex.

The conscious / objective mind gets caught up in the details of the story, while the subjective or subconscious mind latches on to the structure and the meaning.

Then, as you add in telepathic suggestions, it further compounds and reinforces the suggestion.

It is important to remember that many people have a convincer strategy of repetition. And many people have a convincer strategy of time. What that means is people either have to have something repeated a few (at least three) times before they will accept it, or they have to have that suggestion repeated over a period of time.

There are other convincer strategies, but those are the most common two.

Fortunately, time line patterns work very well with the subjective mind, and you can, in fact, install telepathic suggestions throughout a person's timeline, without ever telling them what you did.

And you can keep sending the telepathic suggestion as many times as is necessary.

Involuntary Telepathy, as Professor Warman defined it, is communication between subjective minds without objective effort, and frequently without objective consciousness of the same. (In other words, the other person knows what you're thinking or feeling, even if you don't want them to know!)

This may take place at any time, during sleep or when awake; in fact, it is going on continuously throughout the universe and among all peoples of all lands; but science has not fully declared its recognition of this fact, in consequence of which the skeptics bestow a smile of pity upon anyone who is so credulous as to believe in telepathy.

Telepathy can take place in many different forms. The radiant energies, for example, relay psychic information to others. Each of the chakras, which are mini energy stations, hold information, attract information, and send out information.

Some get telepathic messages by a feeling or they "see" a picture inside their mind or they "hear" the information or get a certain taste about someone or a "smell", as in "something smells fishy about so and so..." Or telepathic information could take a "digital" format and the person would perceive a spelled out word.

Often times, the subjective mind tries to use symbols to communicate the message to the objective mind. For instance, one Remote Viewer who was also a very talented psychic healer, Olga Worrall, saw a hot tea pot when she remote viewed a nuclear power plant, because she had never seen a nuclear power plant before and did not have reference points for one.

But she knew what a big, steaming tea pot looked like. And after she got feedback and had that reference point, whenever she saw one of those big "tea pots," she knew it was a nuclear power reactor.

As I already mentioned, telepathic information can be relayed via the energy systems. Donna Eden and Ingo Swann would be good sources to study for this.

Ingo's book Psychic Sexuality goes into great detail about how human energies
interact and connect and communicate with each other.

When I first read Ingo's book, I thought he only gave descriptions, and no "how-to" on how to consciously activate those radiant energies, but after reading the book several times, I realized he hid a great deal of "how to" in plain sight, throughout the book, in more ways than just describing the copper mirror experiment.

Donna Eden also has some real good drills for how to activate your radiant energies and how to become aware of them, and Dr. La Tourrette has several video home study courses on how to activate the various radiant circuits for yourself and for others.

A good place to start would be Dr. La Tourrette's yahoo group healingenergies-essentialskills@yahoogroups.com

Anyway, whether we like it or not, telepathy happens all the time, revealing the thoughts, emotions, and motives of a person.

This is one reason why the topic has been either ignored and ridiculed or has been dumbed down to the level of "sending and receiving" images of playing cards within a statistical percentage, which is a model of telepathy that does NOT work very well or very reliably.

The REAL secrets of telepathic communication is we are all connected to each other at the energy level, AND NONE OF US HAS ANY SECRETS!

There are, of course, "secrets" of how to do this or that, there is "secret knowledge" and abilities.

What I'm talking about is secret things we hope others never find out. At the subjective level of mind, whether others become consciously aware or not, there really are no secrets.

Many people have asked me, "How do you stop others from spying on you, how do you keep others from remote viewing you?"

The BEST answer, by far, is "Don't have any secrets, and you won't have to worry about it."

In other words, live your life in a way that is congruent with your values and beliefs and ideals, and you won't have to worry what others do or do not know about you.

The next best thing you can do is "mask" your actions. One way is to be so outrageous that even if others discover the truth, it will be so far out, they won't believe it.

Reminds me of a guy who was causing some problems awhile back, so we went and remote viewed him, and saw "weird stuff" going on with him and his cat.

At first, I didn't believe it, I thought my imagination had gone wild on me.

This is, by the way, one of the methods the U.S. Army remote viewers came up with to "confuse" Soviet psychics - they recommended putting decoys in military installations, like cartoon characters, so if a psychic spied on the place, they would come up with weird images and think they were having an off day and ignore the information.
What's that got to do with Dream Invaders?

Well, you can also use decoys during dream time, so others will be more attracted to you, or you can assume the energy field of someone else they like, love, trust, and respect, or someone they would obey without question, and go to them in their dreams "as if you're that other person," and give them instructions about how they should hire you or sell the house to you instead of someone else, or how they should date you, or sleep with you, or whatever else you want to have them do.

Anyway...

Telepathy is quite often in-volitional.

That's what makes it different from mental telegraphy. I will cite a few illustrations in order to clear the mind regarding the distinction — a distinction with a marked difference.

We often unconsciously (and in all such cases, unintentionally) communicate thought to another, whereas the recipient may never connect it in any way with the one with whom it originated. In other words, it is not sent as a message, and not received as a message.

That is telepathy.

To illustrate: You are writing a letter or an email to a friend with whom you have a lot of rapport. That friend is writing to you at the same time and upon the same subject or subjects. Your letters cross. You are both astonished at the apparent coincidence. Outside of conveying your thoughts on paper or in email there was no effort of the objective mind; none in the least to send a mental message.

Or perhaps you're with a friend, and all of a sudden, without any other triggers or anchors, you both suddenly have the same thought or the same memory of something you've experienced together before.

Or you're about to talk with someone, and you get a "gut feeling," an inner urge, or an inner voice telling you to say something you wouldn't have normally thought to say, and it turns out to be the right thing you needed to say to make the sale or to get them to go out on a date with you, or it turns out to be something they needed to hear.

That has happened to me on more occasions than I can count, both with people I know well, and with people I've just met.

That was telepathy, pure and simple.

Also, I have had several instances where I could not answer a question, and so I wrote Dr. La Tourrette an email, asking him for an answer about something or how to do something. Later on, while I would be going about my own business, the answer would pop into my mind. Then when I checked my email, I found the answer from Doc that matched what popped into my own mind, and found that he sent the email at the same time I "knew" the answer.

Other times, I would write to him, and then I would know the answer, as if he told me himself, even though he never replied to the email.

We will cover more about mind-reading in another section of this manual.

Here's another example: You call a friend whom you have not seen or talked with for weeks, months or even years. When you call, the person exclaims, "WOW! I've
been thinking of you all morning, couldn't get you out of my mind."

One of two things occurred, without conscious knowledge on your part or the part of your friend: When your mind was made up to call on the friend, the friend's subjective mind received the knowledge of your intention and passed it over to the objective mind -- not as a message from you, but as a mere passing thought of you.

Or, perhaps that friend was thinking of you, your subjective mind picked up the thought, and as a result, your conscious or objective mind had the sudden urge to call that friend who was thinking about you.

Either way, that was telepathy, pure and simple.

One of the things you can do during dreamtime, when the other person is asleep, is to just pretend you are them, and think the kinds of thoughts they'd have if they were attracted to you.

Works very well when you do it correctly. Sometimes it does take repetition. And you still have to be congruent in person and go talk with them.

One of the most remarkable cases of telepathy the writer and professor Ed Warman knew of is that of J. W. Bowlotin, a student in the Chicago College of Medicine and Surgery.

Bowlotin, a young Russian, blind from birth, took the different courses of medicine and surgery without study. Mr. H. W. Wolk, a roommate of the blind student, says that after completing his own studies for an evening, even though no conversation had passed between them, Bowlotin would be familiar with the subjects he (Wolk) had been studying.

Of course, one would wonder how useful it would be for someone who was blind to have book knowledge of surgery. Unless the person also developed a reliable way to see without the use of the physical eyes, the accumulated book knowledge would not be of much benefit.

The knowledge of how to get others who know what you want to know to focus on that answer, and then to be able to get that knowledge from them telepathically, whether in the same room or at a distance, is much more valuable.

On the topic of vision, however, the psychic researcher Milan Ryzal has used hypnosis and ESP training to teach people who are blind to be able to see, and has even had success with using the fingertips to sense color and to see.

This is a case of awareness beyond the means of the normal physical senses, and is an example of getting information telepathically, through interaction between the fingers and the energy field of the object.

Now before you blow that off as pure nonsense, there is another man who was born blind, Meir Schnieder, who trained his eyes (using methods including eye exercises) to be able to see, even though he was born blind.

And as another example, I did some training with colored index cards and hypnosis, where I would count down to the same level of mind I would use for Remote Viewing, and I would feel various colored cards and feel the ENERGY of the color to sense which card I had in my hand.

I stopped training with it after I found out I COULD do it, and boredom set in. However, a more practical use of this is to detect the other person's colors in their energy field and to energize them with color and emotion, using Remote
Influence with Dream Invader tactics.

Many of you have heard of the “Gold Bubble,” well, if you want it to work, there's more to it than just thinking of a gold colored ball.

Emotional fields have a color or colors to them. Energy balls have color and emotion, and we can also include mental pictures.

And we tend to have rapport with others when our energy field matches theirs. Remember, however, when it comes to any form of influence, the purpose of gaining rapport is to lead the other person where you want them to go.

The strongest forms of rapport are at the energy level, at that intimate level where you “connect” and “click” with someone, and you have an instant knowing about them. You can enhance that with understanding how the energies work, especially the radiant energies and the emotions of the various chakras. For example, if you want a woman to be sexually attracted to you, it is best to start with the LIKING energies of the solar plexus chakra and the energies of the heart chakra along with the RADIANT energies of attraction, instead of psychically “groping” her genitals.

It just works a whole lot better, and you can avoid a lot of the problems of the other person being “creeped out” without knowing why they feel that way. Instead, they feel like they are naturally attracted to you.

That's because those energies that I just described are the ones that are activated and connected between people who really DO like and love each other.

And if your intention is seduction, guess what... When she is attracted to you, she's going to come up with her own reasons to be intimate with you.

Anyway, sometimes telepathy happens when it is least expected, and unless you already understand how the mind works, it can catch you off guard and be potentially embarrassing. But once you know how the mind and energies work, you can use that knowledge to your advantage instead of being embarrassed by it when it does happen.

I remember the first time that I was embarrassed by accidental telepathy.

I was in college and got caught red-handed with my own thoughts by a really hot girl.

I was leaving the cafeteria / student center one evening after dinner, and Carrie, one of three really HOTTTT sisters was about 30 or so feet ahead of me on the sidewalk.

She and I were walking in the same direction, so she could not see me. No one else was in front of us, behind us, or off to the sides.

As I saw her from behind, her skirt swaying in the wind with each beautiful step she made, I (perverted geek that I was) was praying to God for a strong gust of wind. (Good thing I didn't know how to make the wind blow back then!) I said to myself, inside my mind, with my whole heart, "GOD! Carrie XXXXX is SO HOT!!!!"

I had not said a single word out loud, but she turned around right away, blushing, and looked right at me! I was mortified! I didn't know what to do or say, so I didn't do anything.

Later on, when I learned how to send telepathic messages on purpose, it took
awhile for me to learn the second part of that lesson: When you use telepathy to open the door to their heart and mind, you have to take rapid, congruent action to follow up and reinforce what you just did.

You open the door, now you got to step in. You got suggestibility at the deep subconscious level of mind, now you have to DO something to compound that and expand on the opening you've both just created, OR if you just stand there with your thumbs up your butt, she'll start to wonder what weird thing caused her to turn and look at you, then if you don't DO SOMETHING, you'll come across as creepy or a stalker.

But when you go ahead and smile, say hi, and start by saying SOMETHING, it comes across to her conscious mind as “oh, cool, we just accidentally looked at each other, and we hit it off, and started talking...”

You got to take action.

Sorry, you CAN'T attract women while sitting at home, jerking off to the Playboy Channel and "wishing" they will come visit you.

You also can't develop some of the radiant / sexual energies if you jerk off all the time. Don't blame me - read Swann's book on Psychic Sexuality.

I don't care what you do or don't do when you are at home. That's your business. Just remember, though, wishful thinking don't mean squat unless you go take action.

Or as Doc put it: "Talk don't cook the rice."

Psychic influence will only work the way you want it to work when you choose to take action and to take responsibility for your own life instead of expecting others to do something for you.

Let me warn you: If you try to use Dream Invaders and Remote Influence techniques to "beg" or "plead" with the person to please like you so you can feel good about yourself or to boost your own self-esteem for you, you will only be rehearsing neediness and failure at deeper levels of mind, and you'll end up attracting more and more of the same.

So instead, come at this from the frame of power and of choice and as being the one who creates good things for yourself, and if she's lucky, she'll get to share some of those good things with you also.

(Or for you ladies, this works the other way, too! Make sure YOU are the one who takes responsibility for your own life, instead of using psychic techniques to "beg" others to please be nice to you.)

Many of the so-called “occult schools” used to require psychological testing before they would share their mind secrets with initiates.

There's a reason for that!

You only magnify what you're thinking about something like 1,000 times by going to deeper levels of mind and focusing on your thoughts and intentions, so make sure you make good choices and have control of your thoughts and emotions.

If you ignore that advice, don't be surprised if you end up screwing yourself over, just like the witch who joined one of the yahoo groups and cried to everyone about how she was a witch and got taken advantage of by some other witch.
Imagine that: A witch bitching because someone ELSE used witchcraft on her.

We prefer to be at cause in our lives.

It's so much more fun than being a victim.

'Nuff said.

MENTAL TELEGRAPHY

Mental telegraphy as distinguished from telepathy is wholly volitional and requires the concentration of the objective mind on the message to be communicated.

This may be done at any time, therefore it is not dependent upon the sleep condition.

For those who ask derisively (as if derision settled the question) how can mind influence mind at a distance, there is, for sufficient answer, the counter question: How can matter influence matter at a distance?

It should be remembered that thought recognizes no limitations of time or space.

The Psychical Research Society of London, England, after a thorough investigation, declared as follows, in favor of mental telegraphy: "It is certain that communication is possible between mind and mind, otherwise than through the known channels of the senses. Mental telegraphy is a faculty long since stunted through disuse, or an evidence of a more splendid capacity to be developed."

MENTAL TELEGRAMS

Before I give you a method to send mental telegrams, I would like to call your attention to the fact that faith in ultimate results of the experiments is an important aid to success.

Faith is NOT the same as "wishing it could work," or "hoping it works." Think of something you absolutely KNOW is true. Or think of something you absolutely KNEW was going to happen, even though it hadn't happened yet, and it happened.

Use THAT state of mind, that resource when you do your influence.

And when you're wanting to attract someone, make sure you also add in energies of liking and romance, instead of "do it because I said so, bitch!"

Usually works a whole lot better. Trust me.

Anyway...

Notwithstanding the numerous well authenticated cases on record, there are many persons still disinclined to believe in the possibilities of mental telegraphy.

The same was true of the Morse telegraph, the Bell telephone, the Marconi wireless, the internet, pagers, cell phones, hi speed modems, and many other inventions.

Although there are a lot of frauds and con-artists, the people who lived in India
several decades ago had good reason to believe in telepathic communications in the form of mental telegraphy, because for hundreds of years it had been to them an established fact.

The English had positive proof of the existence of mental telegraphy during the Afghan War. The natives in the bazaars and coffee-houses of Bombay and Calcutta discussed the issues of the numerous battles and skirmishes, as fought, several days before the officials could get the knowledge through the fastest courier system.

Upon a close investigation it was found that there were certain Hindus who were trained in the accurate transmission and reception of telepathic communication.

It is absolutely reasonable to believe thoughts and emotions are projected and received and recorded in the consciousness of others.

Ask a mother who wakes up in the middle of the night, worried about a child in another city, how she knew the exact time to wake up, knew there was something wrong, some emotional need or danger regarding that child, when she woke up and mentally projected love and caring to that child.

Check out The Secret Life Of Your Cells by Robert B. Stone.

Check out Ingo Swann's Book Psychic Sexuality. Or his book on telepathic PENETRATION.

Check out Donna Eden's books.

Check out the books on Silva Mind Control, the books on Remote Healing and Miracle Mind Cure.

And we can use those same principles to attract romance or customers or anything else you want to attract in to your life.

Once you know how the principles work, you can use them for whatever you desire.

HOW TO SEND MENTAL TELEGRAMS

You should, for the time being, shut out all other thoughts and concentrate the mind on the message.

This is called state control and segment intending.

To the beginner I would say, write your message as concisely and tersely as if you were sending every word at the rate of a text message - in other words, as if you have to keep it short and simple and as if you had to pay for each one you send, so you keep it short enough to fit into one text message.

Hold the message in your hand, close your eyes and fix your attention on the mental picture of the recipient and imagine or pretend that you are present, mentally, with the person to whom the message is sent.

According to the writer Edward Warman who wrote some really good tactics for psychic influence, you cannot send a mental telegram to a stranger, unless the stranger is in sight, as you have nothing upon which to focus your mind.

His example was to compare a mental telegram to how you cannot send a regular telegram from one of the telegraph offices in your town to a distant town unless the line is in order.
In the case of yourself and the stranger, the line is not in order -- in fact, there is no line up between you.

While there is no actual “telegraph line” between people, we are connected by “aka cords” or energies of emotional connection.

Whenever we meet someone, we have a connection, and the connection gets strengthened by thought, emotion, and intention, whether accidentally or on purpose.

Edward Warman didn't know this back then, but you can, in fact, Remote View and Remote Influence the person, even if you never met them before, however, it needs to be in a way that makes sense to them.

For instance, if I wanted to influence Kate Beckinsale to fall deeply and madly in love with me, she wouldn't have the reference points for who I am, because she and I have never met.

(And realistically speaking, I don't really have the reference points either. The person I drool over is the person on the screen. A fantasy. THIS is why it is important to keep your values and HIGHER IDEALS in mind when you go to attract someone. We are real good at projecting our fantasies and expectations on to others, but sometimes those fantasies are not realistic. So instead, you focus on what YOU want in a relationship, and you mentally project with your thoughts and emotions to attract those in to your life who are compatible with your values and ideals.

You CAN do it the other way, you just might find you're happier attracting certain qualities, though, instead of insisting on getting a specific person to like you.)

Anyhow....

Having said that, let me go ahead and tell you how to do it, because if you're like me, you probably wanna know and find these things out for yourself.

So, in cases where you do not know the person, either influence them in ways that have meaning for them, or divide your final outcome into smaller projects, with a specific outcome for each step of the way.

This is one of the reasons to write out the message. It helps YOU focus your intention on a well-formed outcome and goal so you can see clearly the steps to get there. THEN you go do the psychic programming and the Dream Invader techniques to draw what you want to you.

Life works much more smoothly when you figure out what you want and then focus on it.

So write the project out, stated in positive terms (I.e., not what you don't want, but what you DO want instead).

I remember a few years ago, I programmed to meet a HOT country singer. But I didn't have any clear plan our outcome to take action on after that.

So as it turned out, she came to town to do an autograph session to promote a new album.

I as so happy. I was about to burst with excitement.
I programmed to be there, smile at her, have her smiling at me, and giving me an autograph.

Well, at that point, I was like the German Armed Forces after the fall of France: I did everything I had planned to do, but the guy in charge had no further well-thought plans to act on.

Everything started to fall apart from that point on.

It might have been helpful to program having fun talking and walking off together later on, still having fun, but without all the other people there.

And you can also set anchors for people, using Remote Influence, whether you have met them before or not, and then test your anchor in person the next time you see them.

If they don't respond right away, do a break state and fire the anchor off again. Repeatedly if you need to. It will either work or not, however sometimes it requires some repetition just like when the hypnotist tells the person that after he brings them back up, and they have their eyes open, he's going to tug on his right ear, and when he does, they will have an irresistible urge to get up and go to the bathroom.

So the hypnotist counts them back up, has them open their eyes, and then he tugs on his right ear. If they just barely flinch or just sit there, the hypnotist compounds the suggestion by tugging again on the ear right away without fear and without admitting defeat or failure, he tugs his ear again, expecting them to get up and run to the bathroom. Sometimes it takes 2 or 3 times before they jump out of their seat.

Also, you should anchor your own resourceful psychic states, and then use those anchors for the other person, also, so that when you are in your peak state, it also triggers them to do what you want them to do.

You can make good benefit of the stomach points below the eyes. They are "aggression" pressure points. Aggressiveness can have different uses. For example, you could be sexually aggressive, or you could be aggressive in a fight. One context is for playful romance and the other context is to kick butt.

I like to combine the triggers for alpha brain wave, hakalau, and the stomach points all at once.

Here's how you do it:

Tilt your head very slightly forward so that when you look out horizontal to the ground, you are looking straight ahead, now combine the hakalau drill, AND trigger the stomach points under the eyes for aggression. You might need to press them with your fingers at first.

(Hakalau is a state where you have your awareness on what is going on around you instead of internal thoughts and dialog, and you spread your awareness out peripherally, and then using the imagination, also expand your senses around and behind you. Pretend you can "see with your feelings" as you do it.)

Notice the difference. And now you can learn to activate those stomach points just by thinking about them, too, although sometimes you might need to press them for just a moment.
I use this technique all of the time when I’m in a crowd and I want people to get out of my way so that I can walk through to the other side of the room or parking lot or wherever it is.

I “project” the dragon lines of intent through them, while triggering the hakalau, the alpha brain wave that “accidentally” gets triggered from raising the eyes 15-20 degrees, and the aggression points that help to energize and project that energy through them.

It might take a little bit of practice, but it is a very valuable skill. It even works while driving to get other drivers out of your way.

Make sure you include your intention and emotion for them to move.

Another benefit of driving in hakalau is that you can get psychic information about what ALL the other drivers are doing.

There are some people who calibrate really well who can watch one or two cars and know what those drivers are going to do, whether turn or slow down or speed up or cut them off in traffic, but no one can consciously track all the drivers on the highway using normal thinking.

But at hakalau, you get warnings ahead of time from obstacles that might be up ahead in the road. This saved me from running into a piece of metal in the middle of the road before, it’s saved me from speeding through speed traps, and it’s warned me of people who were going to cut me off, several seconds before they did it.

Hakalau while driving does tend to work much better when you're NOT talking with someone on the phone.

The drill has also saved me much time when I’ve been warned of accidents that had traffic slowed to a standstill so I could go another way and still get to work on time.

Now remember, aggression by itself is not violent. It depends on what other states you combine with it. I “accidentally” found that I had anchored an ex girlfriend to the same posture with the same stomach points triggered, and that even if she wasn’t in the mood, if I just went into that posture, and had the intent of “romance” (a nice way of saying I wanted to make out), that even if she resisted at first, if I continued to trigger the anchor, along with telepathic suggestions to make out, that she could not resist the powerful anchor, because I had set it when she was all hot and horny (accidentally, because I didn’t know about anchors when I first set it! But I was smart enough to learn what I did that worked!).

Sometimes I had to trigger the anchor, which is a “suggestion” a few times, but it was powered by my own energies, and it was irresistible. Last time I saw her, even though we weren’t going out any more, the anchor still worked very well.

And I notice that the technique WORKS to project my intent to and through other people, even if I have never met them or set any anchors on them. However, in that case, it is a technique of “compulsion” instead of “impulsion”. Impulsion is where you influence them in a way that you pretend to be them, and you think as if you were them, for them, and direct their thoughts from within their own mind, instead of “compelling” them as a source from outside themselves.

Both methods of influence have their purposes, though, and, at any rate, the
anchor there is a perfect example of how sometimes you have to trigger the anchor more than once IF they are currently NOT responding to what it is you want them to experience.

And in the case of a post hypnotic suggestion, whether given in person or remotely, this assumes you have conditioned in the response properly. People want a "sure thing," and you got to remember that even if you have the person in your chair, and you hypnotize them, they still have the ability to accept or reject a suggestion. This is why you compound the suggestibility of the person by building on responses they CAN accept and are LIKELY to accept, and then you add in more complex or more intrusive suggestions as you build the effect.

So in other words, you wouldn't give a suggestion for someone to bang your brains out until you had built in some other responses that bridge the gap between getting to know you and wanting to be intimate with you.

Keep the rules of suggestibility and rules of hypnotic rapport in mind.

One of my favorite remote influence techniques that I also use in person is the heart energy drill. We use a mesmerism technique with that energy medicine drill (see Donna Eden's book, videos, and website for more on Energy Medicine) to cause others to really like us.

Do it correctly, and you will be amazed at how you can sway someone to your side, even if they weren't interested before. Now if the person really dislikes you, then you will have more work to do.

Just assuming though you've met someone, and they don't know yet if they like you or not, this will really help speed things along.

It even works to help "prime her pump," so she's ready to go to bed with you, even if she's already said she's not going to yet.

Notice also when someone says they're not ready to be physically intimate, what they're telling you is NOT "hey, you're not getting any," what they are, instead, telling you is they don't yet feel comfortable with getting to know you in that way. YET.

Well, that heart energy drill sure helps get YOU AND THEM both "ready" and helps increase the level of rapport between the two of you, at the basic energy level.

Go practice the drill. We already know it works. We've done it hundreds, maybe thousands of times, in class and also out in the "real" world.

Anyway, go study Dave Elman's book HYPNOTHERAPY for more on compounding suggestions.

And for more on how to use hypnosis for psychic communication, some good sources are Hudson's Law of Psychic Phenomena, Vasiliev's Experiments In Distant Influence, Ostrander and Schroeder's Psychic Discoveries Behind The Iron Curtain, and the books and study materials from Milan Ryzl, along with all of Jose Silva's books.

And for specific information on how to anchor someone at level, via Remote Influence, even if you've never set the anchors in person, see The Silva Mind Control Method for Business Managers by Jose Silva and Robert B. Stone and the Nightingale - Conant Ultramind Remote Viewing and Remote Influencing Home Study Course by Dennis Higgins, and Dr. John La Tourrette.
Both of those sources give examples of how to use Remote Influence to set anchors to “control” the behavior and / or thinking of another person.

The important thing to remember from the point of psychic influence is that we do NOT need to have someone in our chair and hypnotize them. We can use naturally occurring trances, we can use metaphors, we can use break states, and we can use Remote Influence with Dream Invaders because the most effective telepathic suggestions are while the person is asleep, and their conscious mind is completely out of the picture.

Hudson says that for the purpose of communicating with the subjective mind, it does not matter if they are hypnotized or if they are asleep. However, the influence during sleep time is often more effective.

C. W. Leadbeater and other gifted clairvoyants have noticed, however, that if someone goes to bed with strong emotions or desires or stresses, that those thoughts and emotions form an emotional thought "cloud" over the person while they sleep, and that prevents other influences, even positive ones, from getting through to them, until that previous thought form dissipates.

Remember that whenever two or more suggestions are in conflict or interfere with each other, the stronger suggestion wins out.

So one way you can deal with that is with what Edward Warman called "unloading" where you let the person unload their gripes or fears or concerns. It is similar to the NLP idea of pacing and leading, but you call the person up on your mental screen at night while they are sleeping, and you ask them, mentally, how they are doing and what's going on with them, and you have an attitude and feeling of concern for them.

Let them "unload" whatever is on their mind. Then, once they have that cleared out of the way, you can continue on with whatever it is you want to influence them with.

One really neat tactic you can do to combine with Telepathic Influence in person is to anchor them while they are unloading.

As they unload what they say, use a word, tonal, and head nod anchor for “uh-huh” to condition in the anchor as they say what's on their mind.

There are various ways to utilize this, including setting up a break state or anchor collapse.

You can also help them “unload” by unspinning the thought form with a counterclockwise movement of your hands or by clapping away the thought form. And for more methods, check out the Remote Depossession Videos from Dr. La Tourrette.

The methods DO work. You have to do the drills, to get the skills.

I remember one time I knew that my supervisor had scheduled a meeting with me to chew me out, and I was convinced it was her fault for not doing her job. So at night, I went to communicate with her, and she was frustrated with me, and we started "yelling" back and forth to each other, on the mental screen. I knew that would be a lousy thing to have happen at our meeting, because whether I was right or not, it was going to cause me much trouble, and might have even cost me my job.

So while I had her on my mental screen, while I knew she would be asleep at night, I asked her what was important to her about this meeting.
The mental screen is where you just pretend you have a movie screen in front of you. Just pretend you are in a movie theater, and the screen is there in front of you, and then ask the person to appear on the screen.

That is what I did at the subjective level, while she was asleep at night.

And once I found out what was important to her, then I was able to communicate my feelings to her about how it was not fair because I didn't think she had done her job, and that I am, in fact, a good employee.

Well, we had our meeting after I programmed these things during sleep time, and I NEVER mentioned in that meeting that she had not done her job, but she told me that she had not kept up with things the way she should have, and she told me I'm a good employee, and she cut me a break.

You want to make sure you have a genuine interest in what is important for the other person and that you have their best interest at heart and mind, because if you are attempting to screw them over psychically, they will get the intent from you telepathically.

I'm NOT going to tell you it's not possible to screw people over using psychic abilities. I know there are some "goody goodies" out there trying to tell people that, but the fact of the matter is, you get the skills, you can use the techniques for whatever purpose you desire.

It's better to have a win-win situation for you and the other person involved, though, because if you're just trying to screw them over, it might work with those who are attracted to being screwed over, but you will not be as effective and people will resent you if you do not show some respect and consideration for them and their wants and needs.

They might also be inclined to get even with you.

So instead of just taking advantage of people, use what they want and need and dovetail it to match what you want them to do.

If you don't have a good match that is good for them, leave them alone.

Also, at this point, let me give you some valuable tips on what many so called psychic products have screwed up. Those so called experts tell guys to reach out and grope the woman, psychically, and fondle her in every way that you imagine pleases her.

This reminds me of a former client of mine who can't understand why no matter how hard he tries and how hard he programs, none of the people he interviews with will hire him.

He refuses to program for the benefit of all concerned; he only cares about himself. He tries to force himself on others, and they resent that. They avoid him like The Plague.

Look, any half-decent looking woman has guys drooling over themselves while thinking about her all the time. So, some woman has a group of guys (whether she wants to or not!) psychically groping her (whether or not they know anything about psychic attacks or psychic influence) and beating off while they think about her.

So what makes YOU any different from all the other guys, if you do what some of
those so called psychic "experts" tell you to do?

Why should she pick YOU over all the other guys out there? Just because YOU want her to? Yeah, right, Bub. And that's what my former client thinks every time he goes for a job interview too.

But, hey, if it doesn't work, keep doing it, don't you think?

So, most women, even the very sexual ones, are different than many men, in that they need to feel good and feel an attraction in their emotional centers before they want to have sex with someone.

So psychically groping them can be counterproductive. There are those who have limited success with that, but they most likely also accidentally activated the Solar Plexus chakra's good feelings and perhaps other radiant energies, unless they just happened to have attracted a vulnerable woman instead of a "normal" one.

Hey, if you're between partners and need some relief, go for it. I could care less what you do at home by yourself. Working with the attraction and lust energies works better for psychic influence than beating off, though. I'm not telling you what to or not to do.

It's just that most of the time "psychic groping" won't work nearly as well as working with the friendly energies that lead her to want to "make the beast with two backs." (That's Shakespeare lingo for "doing it like a pair of dogs in heat" for those of you who slept through literature class. HAHAHAHA)

It is better to do the Remote Influence for the energies that lead them to naturally lust after you. These include the Solar Plexus chakra, heart bridge circuit, and others. For more information, check the archives on mindmasteryessentials@yahooogroups.com and on healingenergiesessentials@yahooogroups.com and several of Dr. La Tourrette's seminar videos from the Covert Influence seminar to the seminars on Radiant Energies.

(Many of Dr. La Tourrette's videos are only available to his "inner circle members," and one of the easiest ways to start to qualify is to join his free yahoo groups. Plus, you'll be among the first to find out about his upcoming seminars and product releases. He gives more free information in those groups than most people have for sale in their finest products, so you really are doing yourself a huge favor by joining those groups and studying the archived and new posts.)

There is much more information on those subjects than we could ever cover in this manual on Telepathy. The Radiant Energies, for example, have telepathic qualities of their own, so that when they are activated, they turn you into a virtual chick magnet (or guy magnet, depending on your preferences).

Anyways, back to mental telegrams.

If you wish an answer, you should change your mental attitude from a positive to a receptive (passive) condition. But this should not be done until you are impressed that the message has been received.

But how do you know?

Objectively you cannot know until impressed by the subjective mind.

Bear in mind that the subjective mind is intuitive. It knows. It is in touch with the subjective mind of the receiver, and when message has risen above the threshold of consciousness and is received in the objective mind of the one to whom it has
been sent, your subjective mind at once notifies you by relieving your objective mind of further concentration.

By concentration I do not mean that extreme mental effort so often employed, but instead, a mental and emotional quality of focus and concentration.

You do not struggle to concentrate on your favorite tv show, yet you are most likely able to focus on it completely.

You can condition in the receptive condition. Do a break state, such as laughter, and set an anchor for that.

Or if you can do this by yourself, fine, if not, find someone to help you set an anchor for a “blank state”.

For instance, concentrate a moment on what I’m about to ask you. I want you to think of something in just a moment.

Are you ready? Good.

What is it that you are NOT thinking about right now?

So you set an anchor for that “blanked out” state, and that is the receptive state where you can then immediately sense what it is they are thinking or feeling, because your own conscious thoughts are out of the way.

You can also set an anchor similar to the three fingers technique that is taught in some of the Silva Mind Control classes, but instead of the three finger technique, you can condition the level of mind to holding your own neurovasculars.

You can use the “bumps” on the forehead, and hold the pads of the thumb to one of them, and the pads of the first and middle fingers to the other one.

Do not “hit” the forehead, as this drives blood from the front of the brain back to the back of the brain and causes a 50% DECREASE in intelligence, reaction times, and thinking abilities.

Instead, just lightly hold those points.

You can then use that in a normal conversation, because it just looks like you are holding your forehead to shade the light or to focus in on what you are saying. Lots of people hold their foreheads, instinctively, when they are attempting to remember something.

Anyway, as for using mental telegrams, Professor Warman wrote:

“Of late years I have not used my former method of writing the message; that was done as a means of greater concentration. Neither do I send it now as a direct message from me unless I want them to know where the message came from, I find that much better results are accomplished through what I term impression; that is, they will have a desire to do what I desire them to do.

“In this way it comes to them as an inspiration, as emanating from their own mind, never dreaming that the thought or desire originated in the mind of one possibly hundreds or thousands of miles away. By this method they give themselves the credit and are much more readily influenced; it is a case of impulsion from within themselves, not compulsion from an external source.”
Remember, you can reach the subjective mind of any one with whom you may have any business or social relations or anyone with whom you have ever had any dealings.

You can do it instantly; but you may not have your message transmitted directly to the objective mind.

As previously stated, the subjective mind cannot deliver its message when the objective mind is not in a sufficiently receptive condition. Therefore, if it is something you wish delivered at once and you do not feel the freedom from concentration I mentioned earlier, you may know at your message has not been delivered; in other words, your friend was “busy,” so to speak, when your came, and he was too objectively active; therefore the message is lying in the office (subjective mind) waiting for a good opportunity to pass over the threshold of consciousness.

This phase of the work may also be likened to the sending of a regular telegram.

Supposing you were sending a telegram to a small town where the operator is station agent and baggage-master, and is not always at the instrument. The operator at your end of the line calls the office and then shuts the key, awaiting the response. He calls again and again, and receiving no answer, assures you that the other operator is not in, but he will get him as soon as he can.

In sending a mental telegram your objective mind is the man with the message; your subjective mind is the operator to whom you deliver your message; the subjective mind of the one you wish to reach is the operator who receives the message at the other end of the line; his objective mind is the one to whom you wish your message delivered.

The more rapport existing between the operator and subject, the better and quicker the results. It’s sort of like radio or tv. You can’t enjoy the program unless you’re tuned to the right channel.

Rapport, then, is the first condition of response in all mental communications; the subject and the operator being in a state of subjective rapport. This helps put you both on the same mental, emotional, and energy “vibration” and thus secure the best results.

Then also keep in mind you must include concentration (in other words, a fixed goal or outcome, instead of allowing your mind to wander all over the place) and confidence or belief.

Those who are naturally sensitive and negative ("receptive") will find it easier to get into the passive attitude for receiving. Those who are positive ("projecting") make the best conscious transmitters. Remember, however, that as far as telepathic communication is concerned, we are ALL “sending” and “receiving” all the time, whether we are aware of it or not. So learn to increase your awareness, and learn to master your own thoughts and emotions.

You will find it easier and easier to increase your confidence in your abilities to use these skills as you practice the drills here and get actual experiences of success under your belt.

You can believe a set of skills is out there for people to enjoy, but nothing beats the knowledge that you can do it, and you know you can, because you’ve already done it many, many times.

I remember when I was 12 years old. My dad got me my first BB gun for my birthday.
I had a belief that it was possible to be a good shot with that BB gun. I had also seen others do some amazing shooting on tv. I believed I could do it too.

And with practice and belief, I was eventually able to hit targets that most of my friends were NOT able to hit. I even shot flies while they were flying. I haven't practiced that in years, and the BB gun I used is no longer being made, but when others couldn't do something, I had an amazing feeling of confidence KNOWING I could do something none of my friends were able to do.

It takes belief, and it takes practice.

Like Doc says: "If you do the drills, you get the skills. If you don't do the drills, you don't get the skills. So DO the damn drills and get the skills!"

THE UTILITY OF MENTAL TELEGRAPHY

There are times when neither the mail nor the telegraph nor the telephone nor email can serve our purpose. It is under these circumstances that you can test the value and practicability of mental telegraphy. I will let Ed Warman cite two cases of his own experience, and remember, this he lived in up through the early 1900's.

TEST NUMBER ONE

Thirty-four years ago I boarded a train in Detroit, Michigan, my objective point being Boston, Massachusetts. Later in the day a friend of mine left the same place for a small town in Illinois.

After leaving St. Thomas on the Grand Trunk Railroad in Canada it occurred to me that my friend in Detroit should be in possession of certain facts of which he had no knowledge. I learned from the conductor that the train, being an express, would not make another stop until arriving at the station opposite Buffalo.

As that would be too late, and as I had no other alternative, I returned to my seat and began to think intently of the situation – too intently for my own good, and more intently than I should, and more intently than I would today.

I had not then learned quiescent concentration. Just as I was about to give up in consequence the apparent futility of my effort to reach my friend with the necessary thought, it occurred to me that the person accompanying my friend to the train would be less preoccupied and the more easily impressed; therefore I held my thought on him to ask our friend a question, the nature of which would put him on his guard.

It was done instantly, as I afterward ascertained, and the object was accomplished.

It is needless to say that both parties were greatly astonished, as the one who propounded the question knew nothing of the circumstances, but was very much chagrined because of his apparent audacity; while the one who was protected by the inquiry was none the less puzzled at the apparent knowledge of the one to whom he was greatly indebted.

[Here is an example of using feedback: The person Ed Warman wanted to influence wasn't "getting the message," so to speak, so Ed influenced the person sitting next to the guy to say or do something that would get the desired result.

One of the things we can do with Remote Influence for healing is to influence
others who will be around the person, so their positive mental attitude has an
effect on the person we wish to help.

Also, when working on relationship projects, remember there are others involved
also, so when you do a Dream Invader technique to do a “Boyfriend Destroyer,” for
example, instead of just influencing the woman to lose interest in the guy, also
program for the guy to lose interest.

There are some people who will tell you to influence the guy to sabotage the
relationship, and that's all good and well, but if that's your only focus, then
you've not done the technique correctly.

The CORRECT way to do it is to influence her to lose interest in him AND instantly
start to become attracted to you instead.

Remember that relationships will have many anchors involved, so it is sometimes
necessary to also influence others in that person's life. One of the meta programs
deals with how a person knows something is true for them – do they know for
themselves, or do they find out from others.

So sometimes it is helpful to also influence a person's family or friends so they
are inclined to "see the two of you together, and you're both real good for each
other, and happy together".

There are other ways to use similar mental pictures, but with different emotional
content. For example, if her borefriend is insecure and prone to paranoia, you
could program for him to have obsessive thoughts about her leaving him and going
out with you instead.

That way, since he's in rapport with her, already, he's also sending telepathic
messages to her, and reinforcing it with his strong emotions of fear, jealousy,
insecurity, etc., for her to leave him and go with you instead.

I learned that one the hard way. You get it as "bonus information."]

TEST NUMBER TWO

Many years ago a minister with whom I had long been acquainted in Cleveland, Ohio,
said to me on the eve of his departure, "I am going West, but do not know where I
shall be assigned. In case we should lose track of each other for a time you would
better give me your permanent address."

This I did. Eight years elapsed ere a word passed between us. In the meantime I had
left Cleveland, but had not changed my permanent mail address.

I desired to communicate with him, but this I could not do through the ordinary
channels of communication, mail and telegraph; the telephone was not then in use.

Here was an opportunity to test the wireless (mental) telegraph.

I wrote a message to myself as coming from him, the purport of which was a desire
on his part to open up correspondence. I held the note in hand, closed my eyes,
focused my mind on him, impressing him to write as I had mentally dictated.

This I did in the presence of a friend (a skeptic) as witness.

In less than five minutes I received the mental assurance that always comes from a
successful effort.
I placed the copy - in one sense the original - on file.

About two weeks passed by when, one day on the way to luncheon, I was impressed that his message was awaiting me.

My impression was correct - all impressions are correct. When not correct they are not impressions; that is, they do not come from the subjective mind. Not only was the message there (a postal card from California), but it was an exact copy, verbatim et literatim, of that which I wrote.

Scores of similar cases similar to Ed Warman's could be cited, however, I will give you a couple examples of my own here too, so you can see these techniques will work today, just like they worked 100 years ago.

One night, I (Jim), had an emergency where I needed to contact a friend of mine because I was in urgent need of their help with something that came up. I did not know the number where they were staying, but I did know that they had access to email.

I sent a telepathic message, as if it were from me, so they would know who was contacting them, for them to get up and check their email. They were in bed and did not want to get up.

When the psychic contact was made, and they became aware of my being there, mentally, in the room with them, attempting to get them to get out of bed and go check their email, they “looked” at me and went, “What the [f-word] do you want?”

I repeated to them that it was an emergency. Get up NOW and check the email PLEASE.

They got up, checked their email, and they helped me with the emergency help that I needed from them.

And the next time they saw me, they never did chew me out for getting them out of bed, either, which I thought was real nice, too.

Another time, I was supposed to be the one who received the message, and I screwed up.

I was in Oregon at one of Dr. La Tourrette’s seminars, and I was borrowing his car. We took a break for lunch and were going to go to a place I had never been to before, and I had never driven in Medford before, either, so I didn’t know my way around town.

Doc told me to follow him, then he got in his truck and sped off before I could get even get in the car.

All I knew was a general direction to drive in. I drove in circles for about 45 minutes to an hour on a 90 minute lunch break before I said screw it and went somewhere else.

After lunch, he wanted to know where I was, because he bought lunch for everyone.

Since I’d already been to a few of his seminars in another city, I was expected to go into hakalau and calm my emotions and “sense” the correct direction to go.

I flunked the test, I missed out on free lunch, and I learned a valuable lesson about how much you can learn when you just do the drills anyways, even if you screw
up, you will learn more than those who never attempt the drills.

And with persistence and constant practice, you will start to get real good.

Even better than you could have imagined when you started training.

Another thing to remember: When sending a message the greater success lies in not arranging time and place with the one to whom it is sent. I am well aware the exact opposite is usually taught, but it is not conducive to the best results. Very few persons can command passivity under those conditions, yet passivity is positively essential for the recipient. He notes the time, and then begins to wonder if the message is being sent, and then wonders what it is, and finally wonders why he does not get it. The reason is that when he began to wonder he became mentally active, and was therefore in an unreceptive condition.

This is why the “sender / receiver” model of telepathy as done in lab experiments does not work as well as the way telepathy happens naturally all the time. Besides, people in a lab setting tend to get bored or tend to start “guessing” the same message they got previously. So instead of basing your training on lab experiments, do the types of training that duplicates how telepathic communication happens naturally anyway.

One of the best ways to do this is with Dream Invaders. You also get feedback when you see the person about how well your message got through and how well they received it.

Do NOT ask them if they got the dream you sent them. Instead, notice how they act or react differently.

If they do say they had a dream about you, you can laugh and say, “Was it as good for you as it was for me?” Or you can go in to a story about how interesting that is, because you were just reading a book on dreams, and how you can use your dreams to open up, a doorway into your future, that lets you know the direction you should take in life now.

There are other examples of language patterns you can use, also. Experiment and see which fits best with you, and also learn to be flexible with it so you can incorporate the feedback you get from the other person.

THOUGHT-TRANSFERENCE

There can be no mental telegraphy without thought-transference, but there can be thought-transference without mental telegraphy. It should remembered that mental telegraphy is an act of volition, while thought-transference often occurs without the knowledge of the person from whom it escapes, and its escape is oftentimes regretted.

The following illustrations from Ed Warman will help demonstrate this point.

TEST NUMBER ONE

Some years ago, in Chicago, I would occasionally dine with one of my publishers at one of the popular restaurants. In a playful mood he would toss a coin to ascertain who should pay for the dinner. As often as he looked at the coin after tossing, and then said, "Head or tail?" so often he was elected to pay. Why? Because I, being in a passive mood, received from him by thought transference, the knowledge of the result as soon as his mind had centered upon
This occurred scores of times, and he marveled at my accuracy, until one day he said: "I have made a discovery. I used to credit you with being a good guesser, but I am now convinced that you did not guess, you knew. Yes, you knew the result as soon as I did. You are a mind-reader. Today I shall not look at the coin after I toss it."

He tossed it. I paid for the dinner. Ever after that it was a matter of guesswork. This was not mental telegraphy, because he did not by an act of his will send me the thought; it was thought-transference without intent on his part; mind-reading on mine.

[In the example just given, we should also be aware of the possibility that something other than thought-transference could have taken place.

It could have been mind-reading. Or it could have been that Professor Warman subconsciously picked up on tonality or eye accessing cues. It is also possible that the "body pendulum" could have "telegraphed the information."

Our energy field reacts in specific ways to truth or lies. This is how lie detectors work. They measure the electrical and stress changes.

Almost everyone, unless they have trained themselves really well, has a shrinking energy field when they lie and an expanded one when they tell the truth.

A person's energy field will also collapse if they have psychological reversals about a subject. For instance, someone who has internal conflicts and "reversals" about money will have their energy field collapse every time the topic of money comes up unless they do something to fix that.

A very effective way to learn to calibrate good and bad feelings about something is through your own Solar Plexus chakra. Notice how it feels when it spins counter clockwise (weakens) and how it feels when it spins clockwise (strengthens).

You can also calibrate via the body pendulum that uses the navel chakra - the "knowing" chakra.

Once you get some practice in doing energy testing while at hakalau's expanded awareness, you will start to see energy fields expand or collapse and will no longer need the energy test to know if something is true or not.

One of my friends decided to be a smart alec and tried telling me that if I used energy testing, I would always have to use energy testing.

Well, that person has no CLUE as to the purpose for the energy testing, the way we use it.

The purpose is to gain reference points for your hook up between your subjective mind and energy systems and your conscious mind's ability to observe what is going on.

That person's "Guru" told them energy testing wasn't valid, and so they allowed their own skills to be limited by what someone ELSE told them was true. Go learn the skills and learn how to use them properly. There are instances where an energy test can get screwed up, but that does not mean the test is not valid. There are ways to correct the person with screwed up energies and get a valid test.
Why should you allow someone else to tell you what you can or cannot learn to do?

Screw 'em!

Go get the skills, and then USE those skills all the time to get real good at what you do, and let those people who tried to tell you it couldn't be done eat your dust!

Anyway...

To learn and practice hakalau, look up approximately 15 to 20 degrees. Most people who have experienced strain while doing this have found out that they were looking up at too high of an angle.

15 to 20 degrees is only slightly elevated.

Fix your vision on a spot on the wall about 25 of 30 feet away, up 20 degrees from a horizontal plane of vision.

Then, expand your vision out to the ends of the wall, and attach your feelings.

Now let the vision and the feelings drop from that line, all the way down to the ground, and then wrap around behind you.

Pretend as if you can see and feel behind you. With some practice you will start to have correct impressions on what is going on outside of your peripheral vision, and you may also start to see energy fields in those around you.

For more detailed instructions on hakalau, go to healingenergiesessentialskills@yahoogroups.com. You got to do the drills and practice them, if you want the benefits.

Anyway, regarding Ed Warman's example, the body pendulum could have been used to determine heads or tails.

They found out through psychic research, though, that the psychic will often get bored with things like coin tosses, dice rolls, and knowing which playing card is being thought of. The point is to only do the exercise if you feel the feeling that comes with success.

And you can also anchor that feeling and use energy drills from Donna Eden’s book to stabilize the energies.

I do not Remote View unless I feel good about my state prior to the exercise.

But sometimes I NEED to Remote View for a specific purpose, and so there are some energy drills I do to fix homolateral, get the energies crossing over correctly, and flowing through the meridians. Get Donna Eden’s book for more information on those drills.

One way to do covert mind-reading without telling the other person what you are doing is a drill that Dr. La Tourrette taught us at a seminar in the Autumn of 2004.

You take a thought form energy ball of what you want to know and form that thought ball into your right hand (with a picture of what you intend) and energize it with your breath.

You can do this covertly and without telling others what you are doing.
Then you place that energy ball into the other person’s solar plexus chakra and watch whether or not they fall backward or forward.

Leaning backward is a negative answer, leaning forward is a positive answer. The more obvious the reaction, the stronger the answer.

I made one older guy almost fall over when I used this technique.

We were talking, and I decided to try out the technique I had recently learned. I inserted an energy ball of “I like dicks” into his Solar Plexus chakra, without saying a single word! The guy fell backwards and just barely caught his balance.

So I inserted another thought ball of “cool! This guy’s straight! He’s not one of those fairies. I’m really going to enjoy talking with him!”

The guy got a big smile on his face, and he leaned in toward me.

After that, he had his feet in a more stable position, so I didn’t try to knock him over any more that night.

For more information on this technique and the “Norma” technique to get virtually anyone inclined to like you, check out the archives on Dr. La Tourrette’s mindmastery-essentialskills@yahoogroups.com.

TEST NUMBER TWO

Another instance, only one of hundreds of a similar nature. My wife and I [Ed Warman and his wife] were in Victoria, British Columbia.

The chairman of an entertainment committee called to pay me a sum of money for services rendered. It was in coin.

I placed it in a newspaper and dropped it back of my trunk, temporarily.

When my wife entered the room I said: "You are a good mind-reader. If within two minutes you find that coin I'll give you five dollars, but the test will not be according to rule, as I am not going to concentrate my mind upon it for one moment; in fact, I am going to withhold my thoughts from it and direct them into another channel."

Mrs. Warman stood perfectly still, became passive to catch any stray thought regarding the money. I looked out of the window and began talking unceasingly and nonsensically about a peculiar house across the way – talking merely for talk's sake in order to divert my mind from the hidden coin.

But in an unguarded moment, in the twinkling of an eye, I merely thought, "Now wouldn't it be funny if she should walk across the room and put her hand behind my trunk?"

As quick as a flash I renewed my talk about that house, but alas, too late. In that second of time Mrs. Warman (being perfectly passive) caught the thought that escaped in that unguarded moment, acted upon the impulse, crossed the room, reached back of the trunk, and lifted the money from its hiding place.

This, too, was thought-transference, not mental telegraphy; thought-transference without intent on my part; mind-reading on hers.
The transference of thought, volitional and otherwise, is an established fact.

Our minds are batteries where positive and negative thoughts are stored. These batteries are forever receiving and giving forth thoughts which are continually acting and reacting upon ourselves and our associates. This is well expressed in a portion of a once familiar poem, "Thoughts Are Things":

"Thoughts are things, and their airy wings
Are swifter than carrier doves.
They follow the law of the universe —
Each thing must create its kind;
And they speed o'er the track to bring us back
Whatever went out from our mind."

Someone has said, "No man in the world ever attempted to injure another without being injured in return some way, somehow, some time." Remember the injunction so familiar to us all - "Recompense to no man evil for evil."

The only weapon of offense that Nature seems to recognize is the boomerang. It is only our own grist that comes back to us through the mill of life. Nature keeps her books admirably. She puts down every item, she closes all accounts finally; but she does not always balance her books at the end of the month.

This is as true mentally as physically.

Ever bear in mind that good and evil depend not always upon the spoken word; but the greatest good and the greatest evil may take place wholly through thought transference.

"Though you assume the face of a hero, or a martyr," says Maeterlinck, "the eye of the passing child will not greet you with the same unapproachable smile if there lurk within you an evil thought, injustice, or a brother's tears."

MIND-READING

There is a world of difference between mind-reading and so-called muscle-reading. Keep in mind, too, there is in reality such a thing as true mind-reading devoid of any trickery. Also, Mind-reading does not require physical contact.

True mind-reading is exactly what the term signifies, namely, reading the mind. Ed Warman said this is limited to a word or, now and then, a sentence; the same as those given under thought-transference. To say that a person can read another's mind as one may read an open book is the height of absurdity, except in that rare case of the blind man to whom I have previously referred.

Well, we have mind technologies that previous writers and researchers didn't have. We have state control, we have a better knowledge of how to use hypnotic conditioning to gain more skills. We also have better calibration tools.

Remember that many people think "mind reading" is knowing what someone's pin number to their bank account is or being able to mentally steal a person's passwords. And while these things might be possible, what we usually find are instances of knowing a person's thoughts and intentions and emotions.

Please remember, also, the likelihood that the blind man had developed all his
other methods of perception, including his intuitive abilities, to the extent that others had not developed theirs.

The Ultramind Remote Viewing and Remote Influencing course teaches you to have your psychic equivalent of the physical senses while at deeper levels of mind, even with eyes closed and while Remote Viewing people and places many miles away.

(You can find out more about that course by contacting Dr. La Tourrette or by going to his website www.mentaltrainingsecrets.com and also by joining his yahoo groups that I mentioned earlier.)

It takes practice doing the drills to get good at it.

A small child learns the alphabet and learns to read from simple picture books.

But they cannot yet read cursive handwriting or graduate level textbooks, let alone multiple languages.

But what seems impossible, even for a high school student, is quite easy for the Ph.D. in his or her field of expertise.

The same is true with learning to read minds. I envy Warman's abilities to get exact words that people were thinking. Yet there are other levels of mind reading far beyond that.

No matter how a person acts or what role they assume in a specific situation, their energy field NEVER lies - it reveals the true person with all their traits - good or bad, and this is the truest, surest way to "read" a person - to read and understand the energies that make up the person and how they think.

Now back to Professor Warman...

All professional mind-readers that depend in the least on physical contact are (lacking a better term) "muscle-readers." This does not mean that they read the muscle but that they are guided by the unconscious muscular action of their subject.

I will give two illustrations of genuine mind-reading; genuine, not because they are from my own experience, but because they conform to the rule for the test.

I do not hesitate to say that I cannot always command the necessary condition, namely, perfect passivity.

[Remember that Warman did not know how to condition and anchor various states of body and mind, which would have made it much easier to enter the correct state of mind. Also, the subjective mind seems to respond well to questions that are specific. Many times when someone asks me a question, while I am answering them, I say something I did not know to say that just pops into my mind, and it is very frequently the answer that person needed.]

I never require physical contact nor aid from a third person.

TEST NUMBER ONE

During a conversation on the wonderful possibilities of the human mind, I remarked to a little group of interested friends, that, under certain conditions not necessarily abnormal, one could become sufficiently passive to a positive mind to read the unspoken word or words without coming in physical contact with the one
concentrating his mind thereon.

No sooner had I given utterance to the thought than I was impressed to make the experiment. Acting upon the impulse, I asked one of the group to think intently of a word. She said, "I have it." I immediately answered, "So have I." Naming the word at once and correctly, I was of course informed that I had guessed it.

I then requested the young lady to think of another word - a very difficult or unusual one. She said, "I have it." I immediately answered, "So have I. Not only the one, but both of them. You chose a word, but changed your mind and took another." I then gave the words.

She said I was right; and though still skeptical - as also were others present - she could hardly attribute my success to guessing. Not stopping to investigate the matter, she said, "I hardly know what to think of it, but I know what to think of you - you're a witch."

And out of my presence she darted.

[This is a very good reason to keep your skills a secret! If others find out, it will freak them out and scare them so they will not want to be around you. Most people are not very willing to admit that their thoughts are an open book for anyone who knows how to read them. In fact, most people are terrified if they ever find out.]

Let us consider this a moment. Had she given me but one more test I should have failed. Why? Because I was aware that I had reached the limit of passivity for that particular time. I had ceased to remain sufficiently passive to receive the impress of her thought. It will be remembered that the moment she decided upon the word I had it. The thought is almost if not wholly simultaneous; therefore it is not a matter guessing, but of knowing. The moment you have to stop to think, it becomes guesswork.

This was mind-reading, pure and simple. Yes, simple, for had an effort been made it could not have been done.

Victor Hugo was asked if it was not very difficult to write poetry, he replied, "No; it is very easy or impossible." So with mind-reading.

TEST NUMBER TWO

A gentleman possessed of unusual psychic power called one night on my roommate and myself, saying, "I have something interesting yet quite sad that I want to tell you. A friend of mine, whom you both know, is in trouble. His motive was not wrong, but were his act to become known it would result in landing him behind the bars. I'll relate the incident, but will not mention his name lest unintentionally or inadvertently you might speak of it in connection with this incident and thus get him into trouble."

I was quite desirous of knowing the name of the young man. Please observe that I say desirous, not anxious. Why? Because anxiety would defeat the very end in view. Anxiety would have aroused my objective mind to such an extent as to produce a positive instead of a negative condition. You can't make a mental impression upon a positive mental condition; the mind must be negative in order to receive the impression.

I therefore became passive, knowing full well that I could get the name as soon as he dwelt upon it again. But a few moments elapsed when I informed him that I
could name the young man.

At that the following discussion took place:

"You cannot possibly do it."

"I have twenty-five dollars that says I can."

"I know you are a good mind-reader; but so am I, and I know you are wrong, so it
would not be right to your money."

"You can't rightfully take my money, for I am mind-reader enough to know you are
trying to bluff me. So pass on."

He passed on, but had not proceeded far until I again interrupted him.

"You are now thinking of another man in order to throw me off the track. I can
also name the other man, the one you are now thinking of. So confident am I
that I will back that test also with twenty-five dollars."

Again he tried to bluff me by telling me that he could not conscientiously take
the money; and to this I quite agreed. He knew that I was right in both
instances, but to have acknowledged it would have been to commit himself.

Now here comes an interesting part and additional proof of the accuracy of mind
reading under favorable circumstances.

After the gentleman left I wrote down the two names, and handed them to my roommate
to keep for future reference. He, too, was of the "doubting Thomas" class.

He said, "Do you really think you are right?"

"No, I do not think it; I know it. In fact, I am in so passive a condition for
mental impressions that I can convince you of the accuracy and reliability by
speaking, at once, any name you will concentrate your mind upon."

"I'll go you," said he. "I have the name."

"So have I. The name you are thinking of is just plain 'Jim Smith.'"

"You're a good guesser," he said.

Since then I have learned not to waste time
on a skeptic.

"I'd like to try you again, but I'll choose a much more difficult name for you
to get. I am ready."

"So am I. You tried to throw me off my guard by your remarks. You are thinking
of my name."

"That's right," said the skeptic, "but I do not consider it a good test. You do
don't say whether it was your full name or not, whether with title or not. You
should be definite."

"You can be fully satisfied on that point. You held in your mind merely the
name 'Ed Warman.'"

"Well, you were sure enough right in both cases. I wonder if you were right on
the two held by our friend, or if he really had two names in his mind."

About three months after this occurrence the gentleman who related the story called again, saying, "That young man of whom I spoke is about to appear before the higher than earthly courts; hence there is no need of further secrecy."

My roommate produced the slip of paper containing the two names that I had written, but the gentleman said: "I need no proof. I knew that night that you were correct."

These are but few of many successful and therefore satisfactory tests. All attempts have been successful because no attempt has ever been made by me unless the element of success (passivity) was present. For that reason the instances have been comparatively rare; so have been the results.

The sensitized plate, the photographer's negative, is no more impressible, no more accurate, than is the negative of the brain; but it is more readily adjusted to conditions.

While I (Jim) have not yet had instances of knowing a specific word someone chose at random, I have had many experiences, as perhaps you also have had, of thinking the same thoughts at the same time as a friend, and we both started to say the same thing at the same time.

However, I have been able to successfully Remote View someone’s criteria for a relationship or for some other purpose, and I have also Remote Viewed the contents of sealed letter. I did not get the exact words of the entire letter, but I was able to get the intent and message of the letter. In those cases, I was sufficiently motivated for my subconscious mind to have a real intense interest in finding the answer.

I have also had experiences, while in trance, where I have known what to say to someone to motivate them. One such example was while on the phone with a friend, and it was as if I were there with them, and the exact words they needed to hear just “appeared” in my right ear, as if Higher Intelligence were telling my subconscious or subjective mind what to say.

I have also had the experience of occasionally seeing what someone else is seeing or feeling what they are feeling, even, in some cases, over 1,000 miles away.

Also, for those who use online messages to get dates, you know the purpose of instant messages is not to instant message them. The purpose of the instant messages is to get them on the phone. The purpose of the phone call is to get the date.

So you might have some standard “language patterns” that work well for you that you use all the time, and you might have planned a specific pattern to use, but sometimes, when you go into hakalau and “connect” with the other person while you are on the phone with them, pay attention to your intuition and your calibration from your emotional chakras.

First of all, those psychic messages can warn you of wackos that you want to stay away from. Second, those intuitions can give you the right words to say that could be completely different from what you planned, yet might be just what is needed to get the date.

This is easier to do at level or in hakalau if you have learned to use hakalau at level and bridge the ability to “normal waking consciousness” so you can get
time distortion (like a baseball player who is “in the zone” does when the fast ball comes at him, and he is able to make time slow down and make the ball appear larger than it is, so he makes contact with the target or an experienced hunter who raises his gun and instantly sees the target points and has time to make the shot) to take all the time you need right now to know what it is you need to know, and you get instant answers. Study the Remote Viewing and Remote Influencing CD Home Study Course for more mind training.

When I put a mental movie of Professor Warman “reading someone’s mind” on my mental screen, I got an image of his 3rd eye clearing like a vacuum and connecting to the 3rd eye of the other person and “absorbing” or “sucking into his own 3rd eye” the thought the other person was having.

So I tried it out; I relaxed physically and mentally, and I cleared my mind and “attached” my 3rd eye to someone I know over 1,000 miles away. I instantly saw what they saw, felt what they felt, and heard what they heard for just a short moment.

Works better when you expand your energy field and also notice what they are feeling, and you train your senses to work at the subjective level of mind, so you also sense what they are seeing, hearing, feeling, smelling, tasting.

The Silva Ultramind ESP RV/RI technique of putting the other person’s head on over top of yours as if it were a motorcycle helmet is also a very useful method that works really well at level. You just imagine that you can take their head and put it on over top of your own.

It helps also to use hakalau to bypass your own mental filters so you can see from their perspective instead of filtered through your own. Again, study the Remote Viewing and Remote Influencing CD Home Study Course for mind training on how to go to level.

Remember too in order to read their thoughts, they have to be thinking something. The more scattered or non-existent their thoughts, the more difficult to tune in on them unless you can ask questions or make statements that get their focus and their attention.

Keep in mind what their style of thinking is. Are they proactive or reactive? Do they think in generalities or specifics? Do they see the trees or the forest? How do THEY perceive the world and what goes on around them?

Dr. La Tourrette has an outstanding set of videos on how to read these meta programs about someone just based on simple things like the way they walk. The video set is called Lost And Forgotten Secrets of Hypnosis To Get What You Want From Yourself And Others.

There are many practical situations where you can instantly “connect” with someone’s thoughts can help you get awesome bargains at the store or a yard sale or flea market or can help you get extras or freebies at stores, theaters, and restaurants.

"MUSCLE-READING"

"Muscle-reading" is not reading the muscle, but reading the mind by means of unconscious muscular action. When this is called mind-reading – in the sense in which it is generally understood – the term "mind-reading" is a misnomer, and is in consequence misleading.
Muscle reading is not the same as energy testing either.

Energy testing IS a valid way to TELEPATHICALLY read the mind, body, and energies of a person, whether or not they are physically present, and therefore when you make the effort to learn and get good at energy testing, you make a sound investment that will skyrocket your psychic skills!

We mention muscle-reading because of the mentalists who have promoted themselves as genuine psychics, when all they were really doing is reading the unconscious muscle cues from others.

However, any skills we can learn that have usefulness for calibration can start to expand the awareness to finer and more subtle cues, including those from the aura and the energy systems that make up the aura. Some psychic teachers used to recommend the study of muscle reading as a step prior to learning how to do mind reading. However, energy testing will be much more useful to you in learning psychic skills.

Also, the voice, eye cues, posture, and gestures are good ways to calibrate, as many card players can tell you.

Anything you do to enhance your awareness and calibration skills with others will free up your thoughts to notice even more things, especially as you learn to feel and see energies.

The energies are carriers of telepathic information. See Ingo Swann’s Psychic Sexuality for more information on the types of information energies can communicate.

And if you want some real experience working with those energies, a real good place to study is Dr. La Tourrette's videos on "friendly energies". (www.mentaltrainingsecrets.com)

Any person who confuses the terms "muscle-reading" and "mind-reading" is something like the boy who informed his mother that the minister's text was, "Don't be afraid; you'll get the quilt."

When the minister called a few days later and was asked to explain, he said he guessed the boy had things a little mixed; however, there seemed to be a kinship. His text was, "Fear not; the Comforter cometh."

ITS HISTORY

Mind-reading had its initiative in Chicago in 1873, and was first demonstrated by one J. Randall Brown, a newspaper reporter. In 1877, while Brown was giving exhibitions in Chickering Hall, New York City, a young man whose fame afterward eclipsed that of Brown and every other so-called mind-reader, made himself known to Brown and desired to be his assistant, declaring that he had like powers.

This was none other than the great Washington Irving Bishop, who saw the opportunity of gathering in the shekels from a gullible public.

In conversation with Mr. Bishop in Chicago (1887), after he had made an international reputation, he admitted to me (Ed Warman) the trickery whereby all "mindreaders" performed their various feats, and strongly endorsed the memorable words of P. T. Barnum, "The American people like to be humbugged."

I especially remember his remark in regard to the use of the wire which he applied to his forehead in order to read the mind of the one at the other end of
the wire. He said: "The more mysterious you make the affair, the less likely they [the public] are to unravel it. Anything that creates surprise or approaches the wonderful always proves attractive and entertaining."

When in England, Bishop secured the services of one Charles Garner as an assistant. As Bishop left Brown, so Garner left Bishop as soon as the trick was discovered. As Bishop had invaded British territory, Garner sallied forth to "do" the Americans, but unlike Bishop, he did not care to put his label upon his work. He came to this country as "Stuart Cumberland, the Great Mind-reader of London, England."

I (Ed Warman) was an invited guest at a private séance (his initial performance) held in the parlors of the Russell House, Detroit, Michigan. I give herewith, as briefly as possible, not only what was done, in a general way, but the how. A dozen or more prominent citizens, including ministers, lawyers, reporters, actors, and others, were present by special request.

When Cumberland arrived he announced that his tests of mind-reading would consist of finding hidden objects; giving names, dates of birth, places of birth, etc., of those present. He did all that he agreed to do - and did it well - under the guise of mind-reading. He failed in one instance only (of this I will hereinafter speak), and that failure was undeniable proof that results depend more largely upon the subject than upon the "mind-reader," and wholly, in this case, upon the physical contact.

Before leaving the room and being blindfolded he took each of us by the hand, for an instant only. Why? The more expert the "mind-reader" (muscle-reader), the more sensitive to the touch, even to so fine and delicate a sense as may be rightly termed supersensitive. He said: "I do this to ascertain the best subject for the severest, or most difficult test, namely, the finding of three objects in quick succession."

Not only his touch but his sight guided him in his choice. He would not choose one of phlegmatic temperament or one of a sluggish circulation. I, being of a nervous, sanguine temperament, sensitive to a marked degree, was chosen for the test.

HOW IT WAS DONE

First, the blindfold. This is an assistance rather than a hindrance. Inasmuch as it shuts out all exterior distraction from the operator's mind, it makes him more passive to the involuntary muscular action of his subject; besides, it appears to render the work of the "mind-reader" more difficult.

In nearly every case the operator produces a black kerchief (to add to the deception), which he places over his eyes and asks you to draw it tight. Yes, the tighter the better. Why? Because he contracts the brows and even if you put on an additional kerchief and fold kid gloves over his eyes the strain of the kerchief falls upon the part of the gloves resting against the contracted brows. When he desires to see he raises his brows - a very simple thing, indeed.

This is a very great aid, and is especially deceptive when the mind-reader describes a young lady in the audience to whom a book or bouquet had been given.

She was plainly visible to the operator (from underneath the fold) when the unconscious muscular action of the subject led him to her.

In those cases in which he does not touch the subject the blindfold is used to prove that his successes are not due to physical contact. He extends his hands,
one above the other, about a foot or more apart, and directs the subject to put one of his hands between and equidistant from his own. He moves his own hands tentatively, first one way and then the other, keeping them in the same vertical plane.

Were they placed on the level of his eyes he could not do the trick. Why? Because he could not see the action or movement of the subject's hand. This is essential to success, because when the operator moves his hands in the wrong direction the subject's hand follows tardily, thereby indicating, unconsciously and unintentionally, to the operator that he is moving in the wrong direction. But when the operator is on the right track, the hand of the subject responds readily and retains its relative position.

This blindfold trick is also resorted to in the "driving test" through the crowded thoroughfares of a city. However, in the case of Johnstone a hood was worn, the outer cover being mohair, the inner part of heavy broadcloth. Surely he could not see below this? No, he had no need to do so; he could see through it by means of a neat little contrivance. The strings that fastened the hood about the neck had a sort of double back-action; that is, they opened a seam in the front of the broadcloth hood that was not distinguishable through the mohair - not distinguishable to the casual observer, but enabled the "mind-reader" to distinguish objects very clearly.

So much for the blindfold and the part it plays in reading minds.

Once more to Mr. Cumberland. When he reentered the room after having been blindfolded, he took the hand of one of the group who had hidden an object, and he found the object quickly. He did this many times and accurately. He failed but once. There was a reason.

One of the reporters desired a test. Unfortunately for Mr. Cumberland the reporter had been imbibing rather freely, too freely to concentrate his mind on the hidden object. The reporter's hand was as limp as was his mind; therefore, as the operator depended entirely upon the muscular action to indicate direction, he was wholly at sea - a ship without a rudder - and he was obliged to give up.

In the triple test with myself as guide - yes, as guide, but wholly unintentional as such - he succeeded admirably. I held my thought intently on each separate article, individually, not collectively; held each one for the time being to the exclusion of the two others.

MIND-READING OR MUSCLE-READING, WHICH?

Undoubtedly and undeniably muscle-reading. In order to do justice to the operator my mind was fixed on the hidden objects, each in its turn; so intent was I that I was not aware of a muscular movement on my part that was directing him to the object.

Mind is indivisible. It is impossible for the mind to think of two things at the same time. The hand of the operator is guided, unmistakably guided, by the hand of the subject as soon as the physical contact is established, as he fully surrenders himself to the involuntary muscular leading of his subject.

It is true, the operator is usually in advance, hence it may be said that the subject cannot lead, but the subject can push as well as pull; the better word, however, is "direct."

When the operator, in his rush (which is done for effect, this being part of the
game to make the test appear genuine mind-reading), passes the point or place in
the subject's mind, he is very quickly made aware of it by an involuntary movement
on the part of the subject that arrests his attention and directs his action.

In the giving of names, dates, etc., Mr. Cumberland had all the letters of the
alphabet and the numerals (up to ten) arranged in regular order. Again he was
blindfolded and seated at a table. He took the hand of the subject and told him
to think intently on the first letter of his name. He then passed the subject's
hand slowly over the letters. When the right letter was reached the supersensitive
"mind-reader" felt a slight involuntary movement on the part of the subject.
Instantly the operator's hand darted down on the correct letter like a hawk on a
chicken.

In this slow and tedious way he gave names, dates, etc., and called it mind
reading.

A practical way to use "muscle-reading" is on a date while making out with someone.
As your hands start to move, casually (not trying to cover every square inch of the
person's body in record time!), does the other person tense up or show any sign of
resistance? If so, get them a little more turned on before your hands start to
wonder in that direction again.

If they show signs of enjoyment, do not put your hands there and grope them
nonstop; tease them a bit, then back off a little, then tease them some more.

If they tense up at any time and show signs of resistance, do NOT force your
intentions on them; soon they will be ready with a little more priming of the
pump, at least if you are any good at all with your lips and your touch. Once
they start to make out with you, they are turned on, so don't force yourself on
them. Get them turned on to the point that they cannot control their own
burning desires.

What you are doing is conditioning them. If they like what you're doing, you're
making them want for more, and if they're not yet ready for it, you're conditioning
them to a "comfort level," where you allow them to enjoy what's going on, get
slightly more intrusive and "turn up the heat," then back to less intrusive so they
get conditioned to feel at ease with your advances.

Whether she likes it and wants more or if she's not yet ready for more, either way,
you are using her own responses and conditioning her to get and also to give
pleasure. Keep that in mind.

If she LIKES you already, you can do this sort of conditioning rather quickly.

And in some cases, they might have a "legitimate" objection, in which case you
make good use of language patterns, reframing, conflicting parts patterns, and
good anchoring.

You should be setting powerful kinesthetic and auditory anchors and stacking and
reinforcing those anchors the entire time you make out, so those lustful "feel
good" anchors will blow out their hesitation or resistance to "going all the
way" with you.

Once you actually start to make out in a private location, the rest should be easy.

In addition, you can also use your own muscular tension to "prime" theme to
subconsciously want their own hands to wonder all over your body.

Here's how: While their hands are on your shoulders, face, neck, chest, or
wherever, you lightly touch their arms or hands and GENTLY put slight pressure and move your hands vaguely in the direction that you want their hands to go. If they do not respond to that or if they tense up or resist, all you’ve done is move your hands in a “stroking” motion anyways, so you can continue from that point to touch, hold, and stroke them wherever is already comfortable for them.

This helps to overload them with kinesthetic stimulus and also seeds or primes the idea of “roaming hands”.

Again, be relaxed and gentle. No need to rush or make your hands fly all over their body like Speedy Gonzales.

And as they get more and more enjoyment from kissing, touching, and holding each other, once again apply slight pressure to their arms to suggest to their subconscious mind where you want their hands to go.

At the same time, you also send appropriate telepathic messages for how much they really want to feel you and touch you there and how much they would really enjoy that.

The telepathic messages go directly to the subconscious mind. So whatever else you do, you always add in the telepathic messages to reinforce your body movements, your language patterns, your anchors, and whatever else it is you are doing.

A "MIND-READING" TRICK

Anything that creates surprise or approaches the wonderful always proves attractive and entertaining. Take, for instance, the stage trick of reading the contents of folded bits of paper by touching them to the forehead.

The mind-reader seats himself at a table. Slips of paper, usually the same size and shape, are distributed among the audience with the request that each one write thereon a short sentence.

While they are busy writing, the mind-reader or medium is preparing for the trial by making sundry passes across his forehead, rubbing each arm slowly from shoulder to wrist and then sitting calm and silent.

Each person folds his piece of paper carefully, and they are collected by some one, who, standing by the mind-reader, presses one of the folded pieces of paper to the mind-reader's forehead, who, with closed eyes, immediately reads the contents aloud and then verifies it by opening and reading it with his eyes open, and requests the writer to acknowledge it. The second paper is treated in a similar manner, thus continuing until every paper has been read and acknowledged.

The one who collects the papers is the mind-reader's confederate. His part is very easy. It is simply to let the mind-reader know what is to be written on his piece of paper and he must then see to it that his message is the last one given to be read. On these two points depends the success of the experiments; for it makes no difference what the first message is. The mind-reader first gives the confederate's message, and while pretending to verify it by reading it with his eyes open he is in reality reading to himself the contents of the first paper and fixing it in his mind to be read out as the contents of the second paper; the second as the third, and on to the end of the list, the confederate's message being the last one given him. This is a case where "the first shall be last and the last shall be first."

This makes a very pretty parlor entertainment and may be given successfully after a
little practice on the part of the two performers. There must be no apparent collusion between the two. "Let not thy right hand know what thy left hand doeth" is a safe plan to follow in such a case.

IN VOLUNTARY MUSCULAR ACTION

If you want additional and self-evident proof of involuntary muscular action, you may find it in your own personal experience if you are a bicyclist. Recall the time you learned to ride. Do you recollect that death-like grip with which you clung to the handle-bars? You saw an object in the street. There was ample room on both sides of it, but you steered straight for it and then wondered why you hit it.

Why did you? Because mind is indivisible and cannot be in two places at the same time. Your mind was on the object in the street, hence you were wholly unconscious of the muscular action that guided the wheel.

You may remember the experience of the man who was learning to ride a wheel and had much difficulty in consequence of a telegraph pole in front of his house. The pole was on the side of the road, not in the road, but it always seemed to be in evidence.

No matter where he started, that pole seemed to be his objective point. He aimed straight for it (unintentionally), and his aim was good.

One day he started with his back to the pole. Although he was a novice he discovered he was a trick rider; his wheel made a complete circuit and struck the pole. Why? Because he could not have his mind on the pole and on the wheel at the same time.

Besides, he feared the pole; and what one fears he gets.

This is an important lesson to remember as you make intelligent use of your psychic abilities, whether for telepathic communication or some other form of manifestation: You get what you consistently think about! Especially when you have any kind of strong emotion associated with it.

You might ask, “Well, I think about the woman I want all the time, and she never goes out with me, so you must not know what you're talking about!”

But what is the EMOTIONAL disposition of those thoughts?

Are they thoughts of want, lack, need, fear of rejection, being unfulfilled without her approval or acceptance?

You definitely do get what you think about.

Added Bonus: DREAM INVADERS!

In another one of his booklets, Professor Warman wrote: “Whether you are projecting your thought to help another, or giving suggestions to yourself, faith is absolutely essential – faith on your part, faith on the part of the recipient.”

You do not even have to “believe” the result, just bypass the lack of belief, temporarily. For instance, many people use affirmations, and they end up getting something else, so they think the affirmations don’t work.
What happens is they “affirm” something like “I am becoming healthy and lean,” and then they “tag on” to that affirmation, the unvocalized affirmation of “bull shit; I want a donut!”

Well, Doc showed us that we can use the tag ends to keep our energy field strong instead of weakening it.

So the belief might be “I don’t believe telepathy works, [now the tag end] but I really need to get a piece of that fine ass!”

You could also use EFT and other methods, but this gives you another tool you can use while you are out practicing your skills. If the conscious mind tries to interfere, just tag on, “But other people can do it, and so can I” or “but I really need to get laid” or “But I really need to make this sale!”

So you CAN “bypass” your lack of belief long enough to do the drills, have the experiences and new learnings, and then re-evaluate what you do or do not believe, based on newer, better experiences.

For more on tag ends, check out Doc’s Covert Influence Videos.

If the other person does not CONSCIOUSLY KNOW you are influencing them, their doubt cannot interfere with the communication.

However, they can “sabotage” the suggestions, depending on what other beliefs they have.

I was in the drug store after my room-mate at the time had slipped on ice and broken his leg. We were waiting for his prescriptions, and there was a woman there who was coughing and looked like death warmed over. She also had a pack of cigarettes.

I looked at her, and intended to help her psychically, but as soon as I intended to help her, I instantly KNEW that she did not want my help.

This was verified for me a couple of minutes later where she told her kids, “Be still. Be quiet. Mommy doesn’t feel good. Be good for mommy.”

At that point, I knew she was using her “sickness” to get peace and quiet.

She did NOT want to get well, because she believed that being sick was the only way she could get what she wanted.

Could she still have been helped?

Sure, but it was her problem, not mine. Had it been a family member or friend, I might have used some of the techniques in Dr. La Tourette’s Secrets of Depossession to help them resolve the inner conflicts.

But it wasn’t my problem, so I didn’t bother to interfere.

You want to keep your abilities to yourself, though, because people will mismatch you because of their beliefs, their writings on the walls of their minds. So when you have already told them you are going to help them telepathically, and they mismatch you, they have given themselves a powerful suggestion to interfere with your intent to help them.

So it is just better to keep quiet and NOT tell them you are going to influence
Also, when I first learned to communicate with people in their dreams, some of us decided to do practice groups. We found that in some cases we hadn’t developed the awareness while sleeping to recognize the dream influence, or in some cases, we tried to “guess” what dream the other person was going to send to us, or we just picked the dream we managed to remember, and thought that “must” have been the dream the other person sent to us.

So don’t even tell the person you are going to influence them in their dreams. Besides, most people will freak out if they think that you can “invade” their mind and emotions and influence them.

If, for some strategic reason, you want them to be aware of the dream influences for healing or guidance or whatever purpose, if the person is religious, you can talk to them beforehand about how God used to communicate with people in their dreams, and would often use people with whom the person was familiar to “speak through them” during dream time, because, after all, no one has seen God anyways, right?

So you could give the example of Samuel who dreamed that the priest Eli was calling him, and he was sure it was the voice of Eli, but as it turned out, it was not Eli; it was The Lord, using the voice of Eli, because it was a voice that Samuel could recognize.

So you can preframe it so that they WILL recognize you in their dreams, but it’s not really you, it’s “The Voice of The Lord” using a body and form that they are familiar with so that they will recognize the message.

Then, later that night, after they go to sleep, you can send them the suggestions for healing or guidance, which they already expect to receive.

Or if the person isn’t religious, you can talk about how some people believe that your astral body travels while you are asleep, and wouldn’t it be awesome if you could really do that and meet with someone while you sleep and dream at night.

Then, after you pre-condition the person’s subconscious mind, by means of your isomorphic metaphors, you proceed to communicate with them during dream time. How do you know the best time to influence them?

Your subjective or subconscious mind, which is in contact with their subjective mind knows. It is the objective or conscious mind that tries to second guess.

So you write out the nature of the influence. Make it short and simple, just like you would for a mental telegram. Remember to do the psychic programming with workable chunks.

In other words, if you want to have hot monkey sex with them, and they are pissed off at you, it might be a good idea to FIRST program to fix the relationship between the two of you. Otherwise you might wake up after a night of sex to find something “missing” just like John Wayne Bobbit did.

So you tell your subjective mind that you want to wake up during the best time to contact the person, psychically.

When you wake up, it might just be because you have to take a leak. That’s ok. Get up, take a leak, and thank your subconscious mind for making you have to go to the bathroom so you would know to wake up and influence the person you want to
communicate with.

After you take a leak, get back in bed and proceed to send the telepathic message you wrote out previously.

You write it out ahead of time, that way you don’t have to think through the project, which would take you back up to normal waking states of mind, which are not as good for psychic communication.

Also, when you wake up to take a leak, you are often “accidentally” at the correct level of mind for psychic influence.

Dr. La Tourrette gave us a “fool proof method” of how to get to deeper theta and also some lighter delta states of mind for psychic communication with others or to get answers from the other side: Before you go to bed at night, you give the subjective mind your instructions to wake up at the best time for the influence. Then you drink a glass of water.

What happens when you drink a glass of water before you go to sleep?

Well, for one thing, you are using hypnotic suggestion and mental programming to “program” the glass of water for success at your project.

What else happens when you drink a glass of water before you go to sleep?

You wake up in the middle of the night to take a leak.

And do you want to get out of bed? Not normally. And when you do, you’re groggy and stumble around and are uncoordinated for the most part, if you’ve awakened from a deep sleep to go to the bathroom.

So unless you’re drunk, that is a good indicator that you are at deeper theta and also some lighter delta brain wave levels. So when you get back in bed, you are at theta, where you can easily communicate psychically with the other person’s subjective mind.

And since they are asleep, their conscious mind is not in the way, thinking about whatever they think about throughout the day, and you can communicate directly and easily with their subjective mind, where their deep beliefs and emotions and desires are.

Whenever possible, we combine language patterns and other types of suggestion such as embedded commands and anchoring to influence the person, and then also reinforce that with telepathic communications. However “telepathic communication is just as much a suggestion to the subjective mind as is oral speech. Indeed, telepathic suggestion, is often far more effective than objective language…” (Hudson, Law of Psychic Phenomena, p. 120)

You don’t have to be awake to communicate with them. Hudson says, and personal experiences verify this, “All that would seem to be required is that the agent, before going to sleep, should strongly will, desire, and direct his subjective entity to convey the necessary therapeutic suggestions, influence, or impressions to the sleeping . . .” (Law of Psychic Phenomena, p. 190)

However, when you are awake, and at the correct level of mind, you can have conscious awareness of the interaction, in order to detect problems or learn what course of action you need to take. Otherwise, you would have to be very good at dream recall in order to have awareness of the information that you gathered.
Let me give just one example of dream time influence that anyone can do, as long as they are at the correct level of mind.

My parents came out to see me for Thanksgiving for the first time in several years, because I had been living in a 2 bedroom apartment with a roommate, and there just wasn’t room for them to stay here, so I usually went home for the holidays.

Well, my roommate had recently moved out, but had not taken most of his “stuff” (in other words junk!) with him.

My parents said they were going to get here on a Wednesday; they drove long days to get here 2 days early, in the middle of one of those wonderful Kansas City storms, and it was real cold outside, too.

Also, my simple, easy to follow instructions apparently weren’t as fool-proof as I had imagined, so my dad was exhausted when they got to my apartment, which they had incredible difficulty finding.

They were here two days before I expected them, and my place was still a mess, as I was frantically cleaning stuff up.

My dad was tired. AND PISSED.

He made up his mind he was going to leave the next day and go home.

He often goes somewhere on vacation, gets there, and decides right away that he can’t stand to be there any longer, and he heads on home.

My mom was worried about having vacation ruined.

I was not worried, because I knew what to do.

I went to bed, and I held my forehead neurovasculars (the “bumps” on the forehead) with the pads of my first two fingers of each hand to get my mind relaxed and to get blood flowing to the front of my brain.

I lay there in bed, and as I was there relaxed, I intended to communicate with my dad. Even though he was in the room down the hall, and I could not hear him, I suddenly “knew” that it was the ideal time to communicate with him.

I imagined he was in front of me, as if we were both talking with each other, and I talked to him about how much I APPRECIATE HIM, and how much I appreciate the long drive he went through, in the bad weather, and how much it means to me that he went through all that to come see me, and how good it is to see him again.

I continued the mental suggestions to him, along with my sincere emotions, until I felt that the communication had been successful.

Then I went to sleep.

When I woke up, I REINFORCED what I did during dream time with gratitude and verbal “Gifting” about how much I appreciate him, how glad I was that he drove out to see me.

His mood that day was incredibly different, even though he was still tired.
I set some anchors for fun and laughter, also, and that second night, I repeated what I did the first night, and then when I got up the next morning, I once again let him know how much I appreciated him being there for the holiday.

Instead of cutting the vacation short, which my dad ALWAYS does, no matter where he goes, they stayed the entire time.

My dad is a great guy, and has a heart of gold. I also know that he doesn't like staying anywhere very long. We had a very good vacation together as a family, and I credit a good bit of that to the psychic training that Dr. La Tourrette has shared with me.

Let me give another example, because some of you are going to wonder how easily you can use this for romance.

When you meet someone, and you get to know them and spend the night together, use dream invader techniques while you're laying in bed next to them. Your energy field will be connected with theirs and have a stronger influence on them that way.

I've even had instances where I was next to someone, and I could read their thoughts while in rapport with them. I could actually see the pictures they had in their mind.

Well, send them thoughts of how good it feels to be there next to you, what you LIKE and appreciate about them (not sucking up to them, and not “groveling” about how awesome it was for them to be nice enough to give you the time of day. YOU are the one who creates opportunities to feel good, and you appreciate her sharing in those feelings, however you do NOT do this from a position of neediness or begging).

This also gives you the perfect opportunity to trace their radiant energies while they are laying there next to you. If you've given her a good orgasm or 2 or 3 or 4, then she's had THAT radiant energy activated anyway.

So while she's sleeping next to you, mentally project how good it feels for her to wake up next to you, and also mentally project out in to the future, her looking back, being glad she spent that night with you, because it was the beginning of the best thing that ever happened to her.

Ok, one more example.

Say someone isn't ready to have sex with you...

When they are asleep, here's what I do...

Bring them on to the mental screen, trace their heart energy, trace mine, then, as if I'm her, I trace her's again, while thinking thoughts of how good it feels to know I'm safe and comfortable (or whatever other criteria) with this guy, and looking forward to having sex next time we're together.

That Remote Influence technique during dreamtime will also work to get someone to be more open to you if they were previously not interested. You still have to go talk with them and be congruent. In other words, you don't do the technique and then mope around like “Oh, geez, she's not gonna like me” or “Gosh, I hope she likes me so I can feel good, but man, I sure don't know... I hope this works...”

NO!

What you do is you go then, and next time you see her, you are friendly and upbeat
and confident. You presuppose you both like each other, and let her follow that lead. You may need to do other things, such as boyfriend destroyers or some additional attraction patterns, but you've got your foot in the door, so now you got to take action.

See, if you only do the psychic influence, but then you hesitate or chicken out, it comes across as creepy or as having low confidence. So you create the opening inside her subconscious mind, and then you act congruent with those thoughts and emotions next time you see her.

Remember, you notice where SHE is and build from there, instead of gushing about how much you love her, and all sorts of sappy stuff that is likely to scare her off if done too soon.

Anyway, this is a simple method of dream communication that ANYONE can learn to use, if you’ll just do some practice with the drills. And if you do the trainings from the Remote Viewing / Remote Influencing course, you will have even better results than you would otherwise.

You can go to Dr. La Tourrette's website www.mentaltrainingsecrets.com for information on how to get that Remote Viewing course.

Thank you for studying this training manual on telepathic communication. And as you have success stories that you would like to share, send me a note at jim@mindcontrolresources.com and let me know if I can use your success stories. If so, I'll need your first and last name along with your location such as city and state.

Thank you and have fun learning your psychic skills!

Sincerely,
Jim Knippenberg
ESP / Remote Influence / Dream Invader Trainer

Check out These Additional Resources To Assist You In Having More Power And Influence!

Secrets Of Covert Hypnosis To Get Others To Instantly Like You!

Secrets Of Horny Energies And How To Use Them To Get What You Want!

The Deluxe Dream Invader Home Study Course!